

**REVISED AS OF 8/24 SECTION VIII CROSS COUNTRY-2015 League Meet Time Schedule**

CONFERENCE 1		CONFERENCE 2		CONFERENCE 3		CONFERENCE 4	
Division 1A	Division 1B	Division 2A	Division 2B	Division 3A	Division 3B	Division 4A	Division 4B
1 Hempstead	8 Hicksville	1 Westbury	8 JFK Bellmore	1 NHP	8 Roslyn	1 VSN	8 Locust Valley
2 Massapequa	9 East Meadow	2 Long Beach	9 Garden City	2 Wantagh	9 Glen Cove	2 VSS	9 Cold Spring H
3 Freeport	10 Baldwin	3 Mac Arthur	10 Manhasset	3 Hewlett	10 Bethpage	3 W. Hempstead	10 Friends
4 Uniondale	11 Pt. Washington	4 Calhoun	11 Jericho	4 South Side	11 Lawrence	4 Mineola	11 Wheatley
5 Syosset	12 Plainview	5 Grt. Neck S	12 GNN	5 Division	12 North Shore	5 Clarke	12 Oyster Bay
6 Farmingdale	13 Herricks	6 Mepham	13 Carey	6 Plainedge	13 Lynbrook	6 Island Trees	13 Carle Place
7 Oceanside	14 Valley Str. Cntr	7 Elmont	14 Sewanhaka	7 Roosevelt	14 Floral Park	7 Seaford	14 East Rock.

Week:	Race #	Time	Teams	Gender	
1	1	4:55 PM	4-5-11-14	BOYS	Wed. Sept 16 Conf 1 + 3
	1	5:03 PM	4-5-11-14	GIRLS	
	2	5:10 PM	2-7-9	BOYS	
	2	5:18 PM	2-7-9	GIRLS	
	3	5:25 PM	3-6-12-13	BOYS	Thu. Sept 17 Conf 2 + 4
	3	5:33 PM	3-6-12-13	GIRLS	
	4	5:40 PM	1-8-10	BOYS	
	4	5:48 PM	1-8-10	GIRLS	

Week:	Race #	Time	Teams	Gender	
2	1	4:55 PM	3-5-10	BOYS	Mon. Sept 21 Conf 3 + 4
	1	5:03 PM	3-5-10	GIRLS	
	2	5:10 PM	2-8-11-13	BOYS	
	2	5:18 PM	2-8-11-13	GIRLS	
	3	5:25 PM	1-7-12-14	BOYS	Thu. Sept 24 Conf 1 + 2
	3	5:33 PM	1-7-12-14	GIRLS	
	4	5:40 PM	4-6-9	BOYS	
	4	5:48 PM	4-6-9	GIRLS	

Week:	Race #	Time	Teams	Gender	
3	1	4:55 PM	13-14	BOYS	Mon. Sept 28 Conf 1 + 4
	1	5:03 PM	13-14	GIRLS	
	2	5:10 PM	9-10-11-12	BOYS	
	2	5:18 PM	9-10-11-12	GIRLS	
	3	5:25 PM	1-2-3-4	BOYS	Tue. Sept 29 Conf 2 + 3
	3	5:33 PM	1-2-3-4	GIRLS	
	4	5:40 PM	5-6-7-8	BOYS	
	4	5:48 PM	5-6-7-8	GIRLS	

Week:	Race #	Time	Teams	Gender	
4	1	4:55 PM	2-6-10-14	BOYS	Mon Oct 5 Conf 1 + 3
	1	5:03 PM	2-6-10-14	GIRLS	
	2	5:10 PM	3-7-11	BOYS	
	2	5:18 PM	3-7-11	GIRLS	
	3	5:25 PM	4-8-12	BOYS	Tue Oct 6 Conf 2 + 4
	3	5:33 PM	4-8-12	GIRLS	
	4	5:40 PM	1-5-9-13	BOYS	
	4	5:48 PM	1-5-9-13	GIRLS	

Week:	Race #	Time	Teams	Gender	
5	1	4:55 PM	3-8-9-14	BOYS	Tue. Oct 13 Conf 1 + 2
	1	5:03 PM	3-8-9-14	GIRLS	
	2	5:10 PM	2-5-12	BOYS	
	2	5:18 PM	2-5-12	GIRLS	
	3	5:25 PM	1-6-11	BOYS	Wed Oct 14 Conf 3 + 4
	3	5:33 PM	1-6-11	GIRLS	
	4	5:40 PM	4-7-10-13	BOYS	
	4	5:48 PM	4-7-10-13	GIRLS	

JV Race  
Boys: 4:35 PM  
Girls: 4:40 PM

JV Race  
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Girls: 4:40 PM

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Girls: 4:40 PM

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